

ECCHS Mental Health Resources

ECCHS Family School Liaison Workers

Dayna Sanders: dsanders@brsd.ab.ca

Donna Ashman: dashman@brsd.ab.ca

Mental Health & Addictions

Adult: 780-672-1181

Child and Adolescent: 780-679-1764

AHS Mental Health Helpline: 1-877-303-2642

Kids Help Phone: 1-800-688-6868

or Text CONNECT to 686868

or Live Chat at kidshelpphone.ca

Camrose Open Door: Call or text 24/7

780-679-4357

